

Biscuits and Gravy



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Ingredients:

- 2 Packages Of Homestyle Biscuits - Kroger Homestyles Are Vegan
- 1 Package Of Lightlife GimmeLean Sausage Style
- 3 Cups Of Almond Milk - Vanilla Flavor
- 1 Cup Of Flour

**1/4 Cup Of Smart Balance Butter
6 Tablespoons Of Oil
Johnny's Seasoning
Salt & Pepper**

Directions:

Biscuits:

Preheat oven to 400°. Then pull apart biscuits and place on baking sheet. Cook for about 10 minutes while making gravy.

Gravy:

In a large pot add 3 tablespoons of oil, butter and Lightlife sausage on medium heat. Crumble up the sausage into small pieces and heat until browned.

Then add 3 more tablespoons of oil & also the flour and stir together. Sausage should be now coated with oil and flour.

Next add in 3 cups of Almond milk and bring to a boil while stirring. Once its started boiling reduce heat to a very low simmer for about 5 minutes.

Sauce should now be thickened.

HELPFUL TIPS:

Always check your ingredients to make sure they are animal product free.